

Seminar



Adult Life Seminar

This seminar is for parents of adults with Autism or Asperger Syndrome. Topics covered will include:

- Accessing local authority support and housing
- Employment
- Developing social relationships and self-esteem
- Future Needs (finances, wills and trusts)
- Opportunity to meet other parents

Parents of adults with Autism Spectrum Disorders aged 18 and over can attend the seminar. We are not currently delivering this seminar for people with Autism themselves.

Seminar delivered by Lorraine MacAlister and Andrew Powell of the NAS *help!* Team

Thursday 14 October 2010 - 10.00 am – 2.30 pm
Bishopton Community Centre
Drayton Avenue
Stratford upon Avon
Warwickshire CV37 9PB

(Please note light refreshments only are available on these programmes; please feel free to bring your own lunch if required.)

Parent seminars *help! 2*

WARWICKSHIRE

14 October 2010 - 10.00 am – 2.30 pm

ADULT LIFE

(Seminar for parents of adults with Autism/Asperger Syndrome)

Venue:

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Drayton Avenue
Stratford upon Avon
Warwickshire CV37 9PB

Accept difference. Not indifference.

help! 2 is a National Autistic Society (NAS) programme

What is the aim of *help! 2*?

The *help! 2* seminars aim to provide parents and full-time carers with information and advice, to support them in the care of their child with an autism spectrum disorder (ASD). The parent seminars will cover a range of topics including How to write Social Stories™, Make your own Visual Supports, Supporting the Siblings of your child with an ASD, Managing Anger in young people with Asperger syndrome, Anti- Bullying and Meeting your child's Sensory Needs.

About the seminars

The seminars will include presentations, group discussions, video material and practical activities. A *help! 2* Parent Manual, including handouts, information booklets and leaflets is included in each seminar.

Please note that the seminars DO NOT include an introduction to autism spectrum disorders within their content and, therefore, it is recommended that parents/carers attending seminars already have some prior knowledge of ASD.

What does it cost?

The seminars are delivered free to parents/carers through a variety of sources of funding.

Who can attend the seminars?

The seminars are open to parents and carers of school age children, young people or adults, who have received a diagnosis of an autism spectrum disorder (ASD) according to the criteria for each individual seminar - please see guidance notes overleaf.

How do I apply for a place on the seminars?

By completing and returning the enclosed application form you will then be informed whether you have been allocated a place on the seminar(s) of your choice.

Places are allocated on a first come first served basis. Confirmation letters will be sent out approx two weeks prior to the seminar date.

Please return your completed application form to:

**The *help! 2* Team
The National Autistic Society
Castle Heights, 6th Floor
72 Maid Marian Way
Nottingham
NG1 6BJ**

*For any queries relating to help! 2 seminars please contact
Michaela Krupinski on 0115 847 3530*